



2018/2019 ADDITIONAL PROGRAMS

(These programs are completely optional)

General

Once again this season SJMHA will be offering additional hockey programs for those players interested in participating and improving their hockey skills. Technical Director Wally Bray will be providing the additional hockey programs, and he will be supported by our Assistant Technical Directors Cy Dymond and Cyril Morrissey and other knowledgeable hockey people.

Interested players are to select the programs they wish to enroll in when they complete their online registration for the 2018/2019 season. There is limited space available and players will be accepted in the order in which they register.

Pre-Season Camps

Pre-season camps are being offered to both house league and all-star players. The purpose of the all-star preseason camp is to prepare Caps players for the tryouts to select our all-star teams, and those players hoping to make the Don Johnson A leagues. The purpose of the house league preseason camp is to prepare Caps players for the upcoming hockey season.

All-Star Preseason Camp

- For Caps players trying out for our Atom, Peewee and Bantam all-star teams, and Don Johnson Peewee and Bantam A teams
- The camp includes 5 on-ice sessions (1-hour each)
- Dates for the Atom camp are September 14, 15, 16 18 & 20
- Dates for the Peewee and Bantam camps are September 15, 16, 17, 19 & 21, and
- The cost for the camp is \$100 per player

Pre-Season House League Camp

- For Caps house league players
- The camp includes 4 on-ice session (1-hour each)
- Camp will take place from October 6 to October 19, and
- The cost for the camp is \$80 per player

Weekly Power Skating

SJMHA will offer power skating for house league players and advanced power skating for all-star players.

Power Skating (House League Squirt/Novice, Atom, Peewee and Bantam)

- Scheduled for weekday evenings from October 2018 through February 2019
- Which days each week will be determined after registration is completed
- 15 sessions (1-hour each), and
- The cost of the program is \$250 per player

Advanced Power Skating (Atom, Peewee and Bantam All-Star)

- Scheduled on the weekends from October 2018 through February 2019
- 15 sessions (1-hour each), and
- The cost of the program is \$250 per player

Spring League

The regular hockey season will end with the Provincial Tournaments on April 27, 2019. Due to the late end to the season, SJMHA will not be offering Spring League this season.

When dates and times for power skating are finalized, refunds will be provided to those players who are unable to commit to the final schedule.